




# Seoulful Glow: 5 Days of Korean Beauty & Wellness




5 Days

## Seoulful Glow · Beauty & Beyond: A South Korean Spa & Skincare Escape


From \$5,200 CAD + tax

 4 Nights Hotel (Double occupancy)

 Escorted Tour

 Breakfast, Lunch, Dinner Included

 Cantonese/ Mandarin Tour Guide

 Scenic Spot Ticket Included

### Journey of Radiance & Renewal

Breathe in the gentle calm of Seoul—where centuries-old wellness wisdom meets the cutting edge of K-beauty.

This intimate five-day escape invites you to slow down, indulge deeply, and rediscover your inner glow. From rejuvenating spa rituals and personalized skin treatments to fragrant Korean temples and sparkling night views atop Namsan Tower, every moment is crafted to soothe the body and uplift the heart.

Immerse in the rhythm of self-care, savor nourishing hansik cuisine, awaken your senses through mindful ceremonies, and bring home not just skincare—but serenity, beauty, and memories that linger long after your journey ends.

## Tour Highlights



Personalized skin analysis & facial treatment at a premium Korean aesthetic clinic



Craft your own perfume and face mask in a hands-on K-beauty workshop



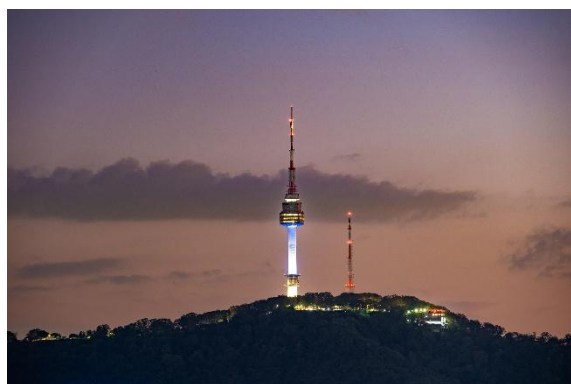
Full-day luxury Korean spa experience at Spa Land or Sulwasoo Spa



Savor traditional Korean temple cuisine, rooted in Zen balance and harmony



Professional Korean hair styling & makeup with a full studio photo shoot



Romantic night view from Seoul's iconic Namsan Tower

## Itinerary

### Day 1 | Depart from Canada

Begin your journey of renewal as you depart from Calgary, Alberta on your international flight to Seoul. Settle in and enjoy world-class inflight comfort as you prepare for days of beauty, culture, and indulgence ahead.

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### Day 2 | Arrival in Seoul – A Warm Korean Welcome

Upon arriving in Seoul, meet your guide and transfer to your hotel for a restful check-in. As evening falls, savor a **welcome Hansik dinner** in a charming traditional **Hanok**, where warm lighting and timeless Korean flavors set the tone for the serene days ahead.

After dinner, enjoy gentle **relaxation time**—unwind, breathe, and embrace your first night in Korea.

**Dinner:** Traditional Hansik

**Hotel:** Hotel Gracery Seoul or similar (4-star)

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### Day 3 | Skincare Immersion – Your Glow Begins

Today, step into the world of **premium Korean skincare**. Receive a **personalized skin analysis** followed by a **bespoke facial treatment**, guided by expert aestheticians using cutting-edge K-beauty technology. Enjoy tailored care designed to boost hydration, brighten your complexion, and leave your skin visibly refreshed and glowing.

Continue with a heartwarming **DIY K-Beauty Workshop**, where you'll craft your own perfume and blend a custom mask—keepsakes infused with your own touch and mood.

**Breakfast:** Hotel buffet

**Lunch:** Korean cuisine

**Dinner:** Korean cuisine

**Hotel:** Hotel Gracery Seoul or similar (4-star)

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#### Day 4 | Spa & Wellness – A Day of Pure Serenity

Indulge in a **full-day Korean spa experience** at the celebrated Spa Land or the luxurious Sulwhasoo Spa. Immerse in healing waters, warm stone rooms, herbal baths, and comforting steam rituals that melt away every stress.

For lunch, enjoy a tranquil and nourishing **temple food experience**, reflecting centuries of Buddhist culinary wisdom. Each thoughtfully crafted dish harmonizes body and mind, leaving you feeling light, centered, and renewed

In the evening, join an **optional meditation or tea ceremony class**, embracing mindful Korean traditions that calm the spirit. These serene rituals invite you to slow down, breathe deeply, and reconnect with a quieter, more peaceful version of yourself.

**Breakfast:** Hotel buffet

**Lunch:** Traditional temple cuisine

**Dinner:** Korean cuisine

**Hotel:** Hotel Gracery Seoul or similar (4-star)

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#### Day 5 | Beauty Shopping & Seoul's Sparkling Night

Let your Korean glam moment unfold. Start with a curated **guided beauty shopping tour**, discovering exclusive skincare collections recommended by local experts.

Next, enjoy a **professional hair styling and K-makeup session**, followed by a **studio photo shoot**—capture your Seoul glow in its full radiance.

As night descends, rise above the city lights with a dreamy view from **Namsan Tower**, where Seoul glitters beneath you like a constellation.

**Breakfast:** Hotel buffet

**Lunch:** Korean cuisine

**Dinner:** Korean cuisine

**Hotel:** Hotel Gracery Seoul or similar (4-star)

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## **Day 6 | Farewell Seoul – Until We Glow Again**

After breakfast, enjoy a bit of last-minute shopping before your private transfer takes you to the airport. Depart Seoul with refreshed skin, renewed spirit, and memories glowing as brightly as the city itself.

**Breakfast:** Hotel buffet

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## Inclusion

### Price Include

- Korean Air economy-class round-trip ticket (2 checked bags; return flexible within 6 months; peak surcharges may apply)
- 4 nights hotel accommodation (double occupancy)
- Daily meals: Breakfast, lunch, and dinner as indicated in the itinerary
- All transportation within the tour itinerary
- Entrance tickets to all listed attractions
- Guided sightseeing with a Cantonese/Mandarin-speaking tour guide

### Price Does Not Include

- Visa fees, if applicable
- Service fees for guides and drivers
- Personal expenses, such as shopping, beverages, or mini-bar charges
- Travel insurance (strongly recommended): including medical, theft, cancellation, or interruption coverage
- Tips for hotel porters, restaurant servers, or bellhops
- Single room supplement: CAD 600 for solo travelers
- Optional tours or activities not listed as included

## Regulations

- **Tour Fee = Registration Fee + Comprehensive Service Fee** (excluding porter and server tips)
- Itinerary and hotels are subject to change based on actual conditions. Please refer to the final tour confirmation.
- If the tour is affected by national policy or regulation, prepaid ticket fees will be refunded (handling fees deducted).
- Any additional losses beyond the tour fee are the responsibility of participants.